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ECH TEAMS UP WITH ACTIVE AGEING AUSTRALIA IN NEW PARTNERSHIP

Leading South Australian ageing care provider ECH (Enabling Confidence at Home) has teamed up with Active Ageing Australia in a bid to develop and enhance its work in promoting the importance of older Australians maintaining an active and healthy lifestyle.

ECH Chief Executive Dr David Panter said that the two organisations were highly aligned through their respective vision and values of empowerment, wellbeing and independence.

“ECH and Active Ageing Australia are both not-for-profits promoting healthy and active lifestyles in the community, so the decision to embark on a partnership was an obvious one.”

“One of our key philosophies at ECH is ensuring our clients are provided with every opportunity to enjoy an active and fulfilling life to support their desire to live confidently and independently at home for longer, and this partnership will create even more opportunity in this space.”

Active Ageing Australia has a proud 40-year history in supporting lifelong physical activity to optimise independence, health, well-being and quality of life. It works both locally and nationally to build capacity and advocate for greater investment to support older Australians to remain physically active.

Active Ageing Australia President Laura Perdue said its evidence-based resources, programs and workforce development initiatives would embed seamlessly into the broad range of exercise and wellness programs that ECH runs.

“We are thrilled to partner with such an influential organisation in ECH. Its work in empowering people to lead healthy and fulfilling lives is fully aligned to our core values and ethos.

“Ensuring people remain connected to their local community as they age is also a common thread that both organisations are passionate about, and with a commitment to making real change in the South Australian community.”

The 12-month partnership will commence mid-May 2021.

For more information on Active Ageing Australia, please visit activeageing.org.au

ABOUT ECH

ECH (Enabling Confidence at Home) is a leading not-for-profit provider of services that promote self-determination and enable people to have the best life possible as they age. ECH supports more than 15,000 people and employs more than 650 staff, including home support workers, nursing, allied and other health professionals, maintenance teams and administrators.

ECH has 1,838 independent living units across 109 retirement villages throughout metropolitan Adelaide, the Adelaide Hills, Victor Harbor and Ardrossan, four Wellness Centres, four dementia-friendly Day Programs and a custom-designed Short Stay Respite Centre. ECH divested out of Residential Care Homes in 2014. The purpose of this was to ensure that ECH could continue to invest and focus resources on supporting older people to remain living confidently and independently in their own homes for longer.

For more information, please visit ech.asn.au

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